

## LITERACY PROJECT

Project Detail: Student Awareness program

Topic 1: Women's Role in Nation Building

Resource: Rtn.S.Suresh Kumar MBA - Social Worker/Activist

Topic 2: Managing Harmonal Imbalance through Exercise

Resource: Rtn.DR. N.Saravanan - Musculoskeletal Manipulative Therapist

Place: Sakthikailash Women's College, Mattlampatti, Dharmapuri

Date & Time : 02.09.2025 Tuesday 1.30pm

Request all members to participate in the project and grace the occassion



Rtn.Satheesh Kumar K R



Rtn.Thiyagarajan S



Rtn. Madeshwaran V

# Project 13

Rotary Club of Dharmapuri-  
Midtown

# Literacy Project

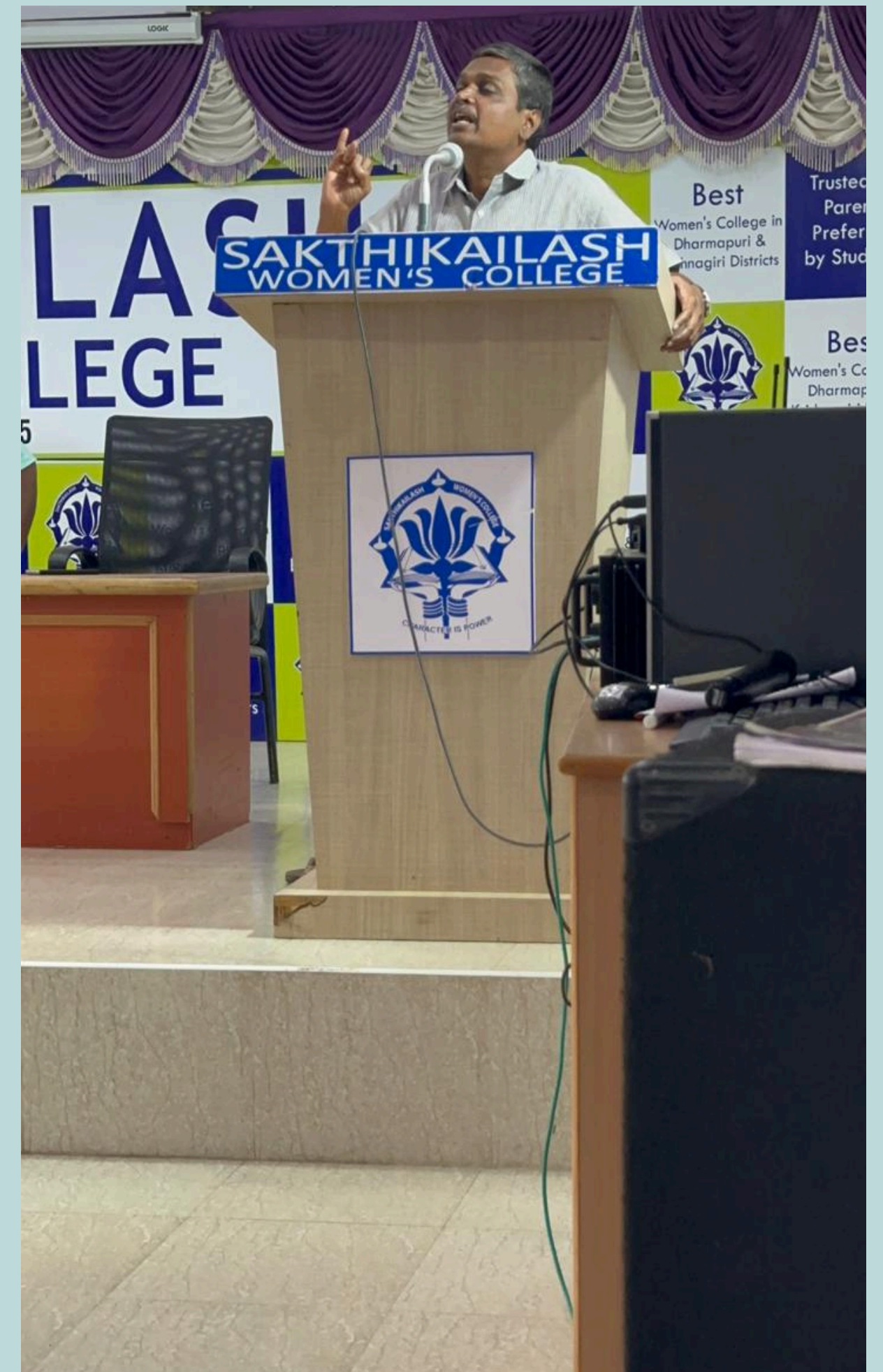
Engaging Health Education

PRESENTED BY

Dr. [Name Here]

# Project Overview

The Literacy Project empowered over 150 women students by providing essential health education on hormonal imbalances through engaging exercises and expert-led discussions.





# Event Highlights

## INTERACTIVE SESSION

Engaged students



## DOCTOR'S PRESENTATION

Expert insights



## STUDENT PARTICIPATION

Active involvement



# Project Timeline

SETUP



The event setup involved organizing the venue and preparing materials to ensure a smooth session.

PRESENTATION



The doctor presented valuable insights on hormonal imbalances and conducted interactive discussions with the students.

Q&A



A Q&A session allowed students to clarify their doubts, fostering an engaging learning environment.



# Impact of the Project

## ENGAGING INTERACTION

Students with the doctor

## HEALTH AWARENESS

Informative presentation

## COMMUNITY BUILDING

Group discussion session





# Doctor's Expertise

The session featured a **renowned doctor** specializing in hormonal imbalances, addressing key issues through **exercise and lifestyle** modifications, significantly enhancing students' understanding of their health.



# 150+

## Students actively engaged

Over **150 students participated** in the event, demonstrating strong interest and commitment to understanding hormonal health and wellness through interactive sessions with the doctor and peers.





# Sakthi Kaila's College

The partnership with Sakthi Kaila's College aims to empower female students through education on health and wellness, fostering a supportive environment for learning and growth.





# Rotary Club's Commitment

## COMMUNITY SERVICE

Engaging initiatives

## HEALTH INITIATIVES

Promoting wellness

## LITERACY PROJECTS

Empowering students

